

Winter 2016



January

- Jan. 1 - New Years Day (closed)
- Jan. 22 - K-Kids Clinic
- Jan. 13 - Speaking of Songs group begins
- Jan. 12 - Page Turners group begins

February

- Feb. 4 - Tyke Talk workshop begins
- Feb. 8 - Family Day (closed)
- Feb. 12 - K-Kids Clinic

March

- Mar. 8 - Page Turners group ends
- Mar. 9 - Speaking of Songs group ends
- Mar. 11 - K-Kids Clinic
- Mar. 25 - Good Friday (closed)
- Mar. 28 - Easter Monday (closed)
- Mar. 30 - Kindergarten Readiness Workshop

Groups, classes, and camps are by invitation. If you would like more information about a particular program, please don't hesitate to contact us.

Updates

Kindergarten Registration

A reminder that kindergarten registration begins in **January** for children with 2011 birthdates. It's a good idea to note on the registration form that your child is receiving speech and language services. You can also speak with the school principal to learn more about what services your child's school can offer. Also, be sure to register for our **Kindergarten Readiness** info evening, being held on **Wednesday, March 30, 2016**. Watch your email or mailbox for the invite.

Welcome Baby Ira!

We are pleased to announce the newest and youngest addition to the SESLP family! Megan MacLeod (SLP), and her husband, Ryan, welcomed beautiful baby Ira to the world on May 18, 2015. Congratulations on the arrival of your healthy baby boy, and best wishes with babyhood!



Family Literacy Day

Every year on January 27, families across Canada celebrate the importance of engaging in literacy-related activities. Watch for activities taking place in your community. Remember to take time to read together with your child every day and visit your local library for great books and family events.

Language Tip of the Season:

Delve into the dark! The days are short and nights are long. Take advantage of the dark to do activities and games that require lights out and focus on your child's speech and language at the same time.

1. Shadow puppets: Take turns making shadow puppets. Play 'guess that animal'; give your puppet sound effects to practice new sounds (e.g., make your shadow snake go 'ssssss')
2. Flashlight hide-and-seek: Take turns hiding and finding an object with only flashlights for help! If your child is preschool-aged, hide a boy or girl doll/figurine and practice pronouns ('I found **him/her!**'); Practice question-asking structure by chanting '**Where is the _____?**'

Make time for play every day for a happier, healthier and more communicative child.

January 27 is Family Literacy Day!
Enjoy story telling and reading books with your family!

Reading To Your Child

Adapted by: Mary Brooks & Deedra Engmann-Hartung (1976) and Booksharing with Your Child: Topic 5



- Try to read to your child every day.
- Find time when you and your child are both relaxed and interested in reading, such as at bedtime or after a nap.
- Let your child choose the books and pages to read.
- Show delight and enthusiasm as you read. Use lots of animation and expressions to bring the story to life.
- Point to the pictures as you talk about them.
- Connect pictures and events in the story with real events and people in your child's life.
- Tell a familiar story, but leave out words or parts of sentences for your child to fill in.
- Encourage your child to participate without being forceful or insistent; use prods ("Huh, look at that!") and open-ended questions ("I wonder what is happening there?" or "Hmm... what do you think will happen next?").
- If your child periodically does not show interest in reading, continue to read to your child as they play quietly. Eventually your child will again be eager to participate in reading.



How to Choose a Good Book

- Look to see if the story is of interest to your child.
- Look to see if you can tell the story by looking at the pictures only.
- Watch out for books that are too "busy"; too many pictures per page or too many things happening in one picture can be distracting for your child.
- Look to see if the vocabulary and sentences are at or one step above your child's language level.
- Look to see if the language can be adapted to meet your child's language level.
- Look to see if there is a repetitive sentence in the story—or can one be added.

Resources

Visit the Burnaby Public Library website at: <http://www.bpl.bc.ca/kids> for online animated read-along stories, recommended books for various ages and other resources.

